

Date:
September 26, 2006

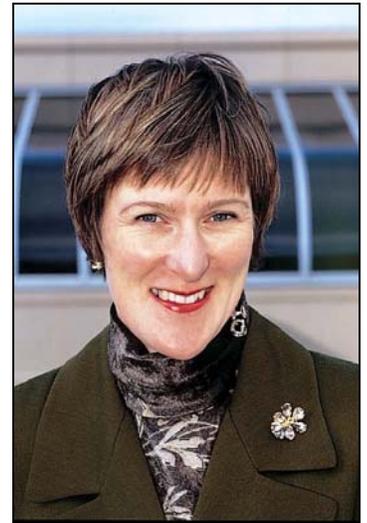
Time: 7:30 p.m.

Location:
**Pond Inlet,
Brock University
Parking in Lot A (\$5)**

FREE ADMISSION

RSVP to:
905-688-5550, ext. 4652
or e-mail:
ccovi@brocku.ca

BETTER WINE FOR BETTER HEALTH



Guest Speaker:
Creina Stockley
Health & Regulatory Information Manager
The Australian Wine Research Institute

The Cool Climate Oenology and Viticulture Institute (CCOVI) presents Creina Stockley, clinical pharmacologist with The Australian Wine Research Institute.

Summary of talk:

Moderate wine consumption has been observed to counter the harmful effects of a high fat diet which contributes to the development of cardiovascular disease.

This presentation will discuss factors that influence the concentration of phenolic compounds in grapes and wine, practices to favor a high concentration of these beneficial compounds in both grapes and wine, and the context of moderate wine consumption with the other constituents and characteristics of a healthy diet and lifestyle.

Creina Stockley has been with the The Australian Wine Research Institute for the past 15 years. She is actively involved in the preparation of drug and alcohol policy such as the Federal government's National Alcohol Strategy 2005-2009, and is a member of the Federal government's National Drug and Alcohol Research Centre's Young People and Alcohol Project Advisory Group.

In 1997, she was appointed the Australian government representative on the Nutrition and Health Subcommittee of the Organisation Internationale de la Vigne et du Vin (OIV) and is currently Vice-president of the Nutrition and Wine Expert Group. In 2004, she was appointed as an international advisor to the Center for Wine and Cardiovascular Health, University of Alabama. In addition, she has been actively involved in research projects related to health properties of wine. She is currently enrolled in a PhD program at Flinders University in the Faculty of Health Sciences. Her project is entitled "It is not per capita alcohol consumption that matters but per occasion alcohol consumption".